

Neuro Auricular Technique

D. Gary Young developed the Neuro Auricular Technique, NAT, which integrates the use of therapeutic-grade essential oils with acupressure by using a small, pen-shaped instrument with a rounded end to apply the oils to the acupressure meridians or Vita Flex points on the ears.

He discovered that using essential oils in conjunction with acupressure was extremely beneficial. Interestingly, he found that acupressure stimulation on specific neurological points with the essential oils evoked a quicker response to specific conditions. The combination of acupressure with essential oils seemed to substantially increase benefits in targeted areas.

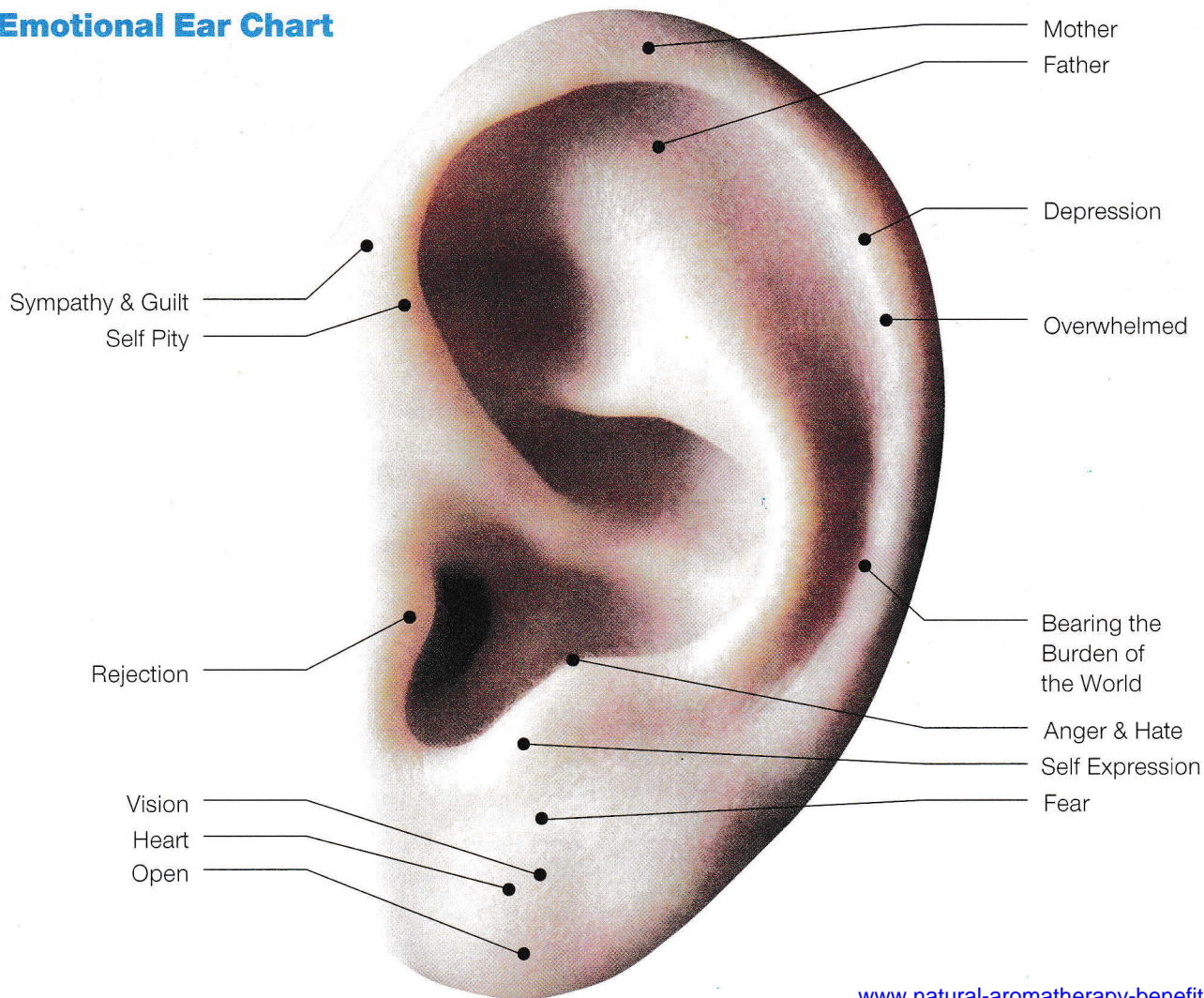
The Neuro Auricular Technique has shown remarkable benefits in both the emotional and physical realm. When

working on a physical need, an emotional release is often experienced that can bring about a positive attitude of hope and renewed vitality.

In relationship to the spine and dealing with neurological problems that exist because of spinal cord injury, the Neuro Auricular Technique has been extremely beneficial in delivering the oils to the exact location of the neurological damage.

The Neuro Auricular Technique is a program that Gary continues to research, develop, and teach worldwide to doctors and other health practitioners. It has proven to have tremendous results and has the potential to be a well-known modality in the future.

Emotional Ear Chart



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